

CHECKLIST  
CALL

Name: \_\_\_\_\_

CHECK

CARE

In any emergency situation; CHECK is best described as:

In any emergency situation; CALL is best described as:

In any emergency situation; CARE is best described as:

(in regards to CPR) Once you start providing care, these are the five (5) reasons to STOP:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

How long does it take to give one (1) breath? \_\_\_\_\_ two (2) breaths? \_\_\_\_\_

How many compressions per minute should we give in CPR? \_\_\_\_\_

In regards to CPR, how old is: an infant? \_\_\_\_\_ a child? \_\_\_\_\_ Adult? \_\_\_\_\_

Conventional CPR is \_\_\_\_\_ compressions and \_\_\_\_\_ breaths in one cycle

\_\_\_\_\_ % of victims having had CPR only performed on them DO NOT survive.

\_\_\_\_\_ % of people having an AED used on them after a heart attack DO survive.

For every one (1) minute that an AED is NOT used, \_\_\_\_\_ % chance of survival is lost for the victim.

Less than \_\_\_\_\_ % of victims of sudden cardiac arrest DO NOT SURVIVE.

An AED delivers electricity, measured in a joule, to a heart in fibrillation. What is a joule? (Ask a science teacher) What is biphasic and what is monophasic?

Define: CORONARY HEART DISEASE: \_\_\_\_\_

List as many risks that lead to coronary heart disease (CHD):

CONTROLLABLE

NON-CONTROLLABLE

A sign is something you: \_\_\_\_\_ A symptom is something you: \_\_\_\_\_

What is a heart attack? \_\_\_\_\_

HEART ATTACK	
Signals	Symptoms

  

CARDIAC ARREST
Sign/Symptom:
TREATMENT:
Heart Attack:
Cardiac Arrest:

Four (4) steps to the CARDIAC CHAIN OF SURVIVAL: 1) \_\_\_\_\_ 2) \_\_\_\_\_

3) \_\_\_\_\_ 4) \_\_\_\_\_

NAME: \_\_\_\_\_ Trimester: \_\_\_\_\_ School Year: \_\_\_\_\_

# FLOW CHART CPR

**CHECK - CALL - CARE**    Determine Age?    Obtain Consent?    Level of Consciousness?

**Hey, Hey are you ok?    Initiaite 911 !    If needed, tilt head, lift chin, give 2 breaths!**

Conscious/ Choking

Adult			
Child			
Infant			

Unconscious/ Choking

Adult			
Child			
Infant			

Use of an AED

Adult			
Child			
Infant			

No Pulse/ Breathing: NO

Adult			
Child			
Infant			

Notes to consider:

Name: \_\_\_\_\_ Period #: \_\_\_\_\_

Remember to:    **Push Hard and Push Fast**

- Identify the differences between Adult CPR, Child CPR, and Infant CPR
- 3 columns