Learning Target: I can explain sports medicine and identify and discuss the careers regarding the care of sports related injuries.

Key Objectives: After completing this chapter, you should be able to:

1. Recognize and discuss key terms.
2. Discuss educational paths and employment opportunities for fields related to sports medicine.
3. Understand personal characteristics, education required and time involved for careers in sports medicine.
4. Describe outcomes needed in each of these careers to be successful.

Key Terms: associates degree, athletic trainer, certification, CEU, credentials, doctoral degree, dorsal, licensure, master’s degree, modality, NATA, pt aide, therapeutic modality

Key Questions:

Pg 9; student enrichment activities

2, 3, 4, 5, 7, & 9

Pg. 8 *Thinking It Through*

Activity: Under the umbrella, list the careers that would cover the field of sports medicine.



Chapter Summary: (*finish the statement*) As an athletic trainer you will provide valuable assistance to someone in need. “In doing so, you will \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Evidence Based Learning

1. Sports Medicine is the study of the inactive population.
2. The certified athletic trainer is not part of the sports medicine team.
3. Therapeutic Modalities are the use of heat or cold to increase or decrease blood flow.
4. How many years of college does it take to become a:
   1. certified athletic trainer
   2. physical therapist
   3. physical therapy assistant
   4. physical therapy aide

Before After

1. T F T F
2. T F T F
3. T F T F
4. a. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

b. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

c. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

d. \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_