

Medical Conditions

Practice Test

True/False

Indicate whether the statement is true or false.

- True 1. Hypoglycemia that is not treated can lead to insulin shock.
- True 2. Diabetes can often be treated through proper diet management.
- True 3. Diabetic ketoacidosis can become life threatening.
- False 4. A carbohydrate snack eaten 30 minutes after activity may help to control blood sugar levels in diabetics.
- False 5. Hypoglycemic athletes should avoid sugar at the onset of symptoms.

Modified True/False

Indicate whether the statement is true or false. If false, change the identified word or phrase to make the statement true.

- False 6. Diabetic coma is the result of too much insulin in the body. Not enough
- False 7. A person having a petit mal seizure usually loses consciousness. grand mal

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- A 8. Insulin is a hormone that regulates
 - a. blood sugar.
 - b. body temperature.
 - c. oxygen levels.
 - d. energy levels.
- C 9. People who are prone to seizures are usually discouraged from scuba diving, swimming alone, or
 - a. playing football.
 - c. participating in sports at great heights.
 - b. playing hockey.
 - d. participating in equestrian events.
- B 10. The main concern when a person is having a seizure is to
 - a. try to stop the seizure.
 - b. prevent the victim or anyone else from getting hurt.
 - c. administer CPR.
 - d. prevent a crowd from gathering.
- D 11. Which of the following is NOT a symptom of asthma?
 - a. wheezing
 - b. shortness of breath
 - c. coughing
 - d. sneezing

Short Answer

- 12. What are the symptoms of someone who is experiencing hypoglycemia?

Name: _____

Practice Test

ID: A

13. List five symptoms of appendicitis.
14. Describe the general symptoms of diabetes mellitus and the signs and symptoms of diabetic ketoacidosis. What should you do if the athlete shows signs and symptoms of diabetic ketoacidosis?
15. List two preventative measures that can be taken to avoid the transmission of a cold or flu virus to an entire team.